ŞaraimanFrom the region of Muntenia, Romania Presented by Sonia Dion and Cristian Florescu

Formation: Women open or closed circle Position: hands free

Pronunciation: shah-rahy-MAHN

Music: <u>Sonia Dion & Cristian Florescu Romanian Realm Vol. 12</u>, Band 11 **Style**: Rom style; exuberant, snapping fingers, shaking shoulders, Eastern movements

with hands, shaking necklaces

		Description of Şaraiman		
Meas.	Count	Introduction (Start counting when drums begin)		
1-16		No action		
		Figure 1 Facing and moving to the right (LOD)		
1	1 2	Lift on L heel Step fwd on R		
2	1 2	Step fwd on L Step fwd on R		
3	1 2	Lift on R heel Step fwd on L		
4	1 2	Step fwd on R Step fwd on L		
5-8	Repeat mea	Repeat measures 1-4		
9	1 2	Lift on L heel while turn facing center Step R across in front of L		
10	1 2	Step swd on L to the left Step on R in place		
11	1 2	Touch with L ball of ft slightly in front Step on L beside R ft		
12	1 2	Touch with R ball of ft slightly in front Step on R beside L ft		
13-16	Repeat mea	Repeat measures 9-12 with opp ftwk (Lift of R heel)		
17-32	Repeat mea	Repeat measures 1-16 (Starting lift on L heel)		

Meter :	2/4	Description of Şaraiman (continued)		
Meas.	Count	<u>Figure 2</u>		
1-10	Execute	Execute measures 1-10 of figure 1		
11	Moving 1 2	twd center Step fwd on L slightly diag. right Very small step fwd on R (keep R behind L ft)		
12	1 2	Step fwd on L slightly diag. left Very small step fwd on R (keep R behind L ft)		
13	1 2	Step fwd on L slightly diag. right Step on R in place		
14	Moving 1 2	bkwd Lift on R heel Step bkwd on L		
15	1 2	Lift on L heel Step bkwd on R		
16	1 2	Lift on R heel Step bkwd on L		
		Figure 3		
1-10	Execute	Execute measures 1-10 of figure 1 (lift on L heel)		
11	1 2	Step on L in front slightly diag. right Step on R in place		
12	1 2	Step on L slightly in back Step on R in place		
13	1 2	Lift on R heel Step L across in front of R		
14	1 2	Step swd on R to the right Step on L in place		
15	1 2	Step on R in front slightly diag. left Step on L in place		
16	1 2	Step on R slightly in back Step on L in place		
17-32	Repeat	Repeat measures 1-16		
		<u>Transition</u>		
1-8	Execute	Execute measures 1-8 of figure 1		
9	1 2	Touch with R ball of ft slightly in front Step on R beside L ft		

Meter: 2/4 Description of *Şaraiman* (continued)

Meas. Count <u>Transition</u> (continued)

10 1 Touch with L ball of ft slightly in front Step on L beside R ft

11-14 Repeat measures 9-10 two more times (3 in total)

Note: During measures 9-14, do a full turn CCW in place.

		Final (Facing center)
1	1 2	Touch with R ball of ft slightly in front Step on R beside L ft $$
2	1 2	Touch with L ball of ft slightly in front Step on L beside R ft
3-6	Repeat measures 1-2 two more times (3 in total)	

Note: During measures 1-6, do a full turn CCW in place.

7 1 Step fwd on L 2 Close R beside L

Final pattern:

Introduction

 $(F1 + F2 + F3) \times 2 +$

Transition + F1 + F2 + F3 + Final.

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